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PRESS RELEASE For Immediate Release

Luthuli Museum to Host 'Night at the Museum' Programme for Young Women



**SATURDAY
MARCH 28** **STARTING
AT
18H00** **AT
LUTHULI
MUSEUM**

A Gale Programme facilitated by
GUGU RADEBE
for 18 to 25 year old females



**FOR ENQUIRIES
CALL: 032 559 6824
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The Luthuli Museum, in partnership with *The Gale Programme*, will host its much-anticipated *Night at the Museum* programme on **Saturday, 28 March 2026, starting at 18:00.**

Participants will enjoy a memorable overnight museum experience coupled with a workshop that will focus on a session that is designed to create a safe and restorative coaching space for young women to:

- Reflect on identity beyond societal expectations
- Engage in dialogue on womanhood within their community
- Explore emotional and spiritual restoration
- Strengthen self-worth
- Conversations meaningfully on women's empowerment

About 'Night at the Museum' programme

The *Night at the Museum* programme is a series of themed sleepovers designed for young women ages 13–18 and 19–25. Running from 18:00 in the evening until 07:00 the following morning, the programme offers participants a unique opportunity to engage with the museum environment after hours.

Activities include educational talks, film screenings, and interactive sessions of games and talent show hosted at the museum's newly built two-storey Nokukhanya Resource Centre. The programme is structured into two key segments:

- **Formal Session:** Participants engage with a guest speaker around the theme of the evening.
- **Informal Session:** A relaxed, interactive experience including networking, reflection, and entertainment.

Participation is by invitation, primarily extended to young women from Groutville who part of the museum's youth programmes is already. These participants are selected based on their active involvement and potential to serve as youth ambassadors, demonstrating leadership and the ability to share knowledge within their communities.

The Night at the Museum programme features four themed sleepovers annually; all aligned with the theme:

“Towards equipping women and freeing them from patriarchy and prejudice.”

Each session addresses critical issues affecting young women, including:

- Discussions on sexual and reproductive health and rights, economic inclusion, and digital transformation
- Gender-based violence and femicide
- Social challenges such as stereotypes, prejudice, and discrimination
- The importance of education and cultivating a culture of lifelong learning

Through these engagements, the programme aims to create safe and supportive environments, strengthen social cohesion, and build networks rooted in trust, identity, and shared purpose. It also seeks to address persistent inequalities and empower young women to actively participate in social, economic, and political spheres.

Recognising the ongoing challenges faced by vulnerable groups—particularly African communities, women, and the elderly—the Luthuli Museum continues to collaborate with like-minded institutions to amplify youth voices and foster meaningful change. By providing platforms for dialogue and empowerment, the programme contributes to building a more inclusive and equitable society.

For inquiries, please contact Zinhle Nyembe on email address profficer@luthulimuseum.org.za or telephone number 032 559 6824.
